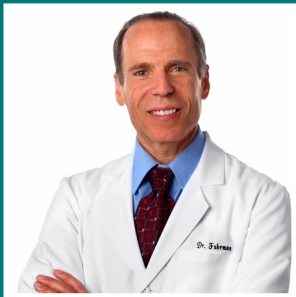


2016
2017

WIL ALEXANDER WHOLENESS SERIES

WEDNESDAY, SEPTEMBER 28, 2016 | 5:00 – 6:00 P.M.
LOMA LINDA UNIVERSITY CHURCH



Nutritional Excellence, The Most Powerful Medicine

Joel Fuhrman, MD

Physician, Speaker, Media Personality, New York Times Best-Selling Author

Join us in kicking off the Wil Alexander Wholeness Series with Dr. Joel Fuhrman, New York Times best-selling author and creator of the Nutritarian Diet.

This presentation reviews the basic principles of nutritional excellence and the features of a dietary portfolio to maximally lower blood pressure and cholesterol, reverse Type 2 diabetes and heart disease, and lower the risk of dementia and cancer. The effectiveness of a *nutritarian* diet has been proven through research and case studies.

All are welcome! Reservations are not required to attend.

Loma Linda University Church
11125 Campus Street
Loma Linda, CA 92354

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