

Car Disaster Kit

Storage (best if it can be carried)

- Backpack
- Duffle bag with shoulder straps
- Tote bag with shoulder straps

Water, Food, Sanitation (recommend 1-2 days)

- Drinking water in water bottle sizes (1 gallon/person/day)
- Canned food (and can opener!) or portable snacks such as Cliff Bars, granola bars, nuts or dried fruit
- A few medium sized plastic garbage bags (kitchen can sized)
- Small roll of toilet paper
- Personal/feminine hygiene products
- Towel
- Soap
- Small packet of baby or wet wipes
- Hand sanitizer
- Infants/children:
 - Infant formula
 - Diapers and extra wipes
 - Extra set of clothing (update regular as they grow)
 - Small stroller or baby carrier, in case you have to walk a long ways

Clothing and Shelter

- Walking or hiking boots
- One set of extra clothes
- Jacket/shell
- Hat
- Sunglasses
- Sleeping bag or blanket
- Plastic sheeting or tarp
- Nylon cord or twine, 50'

Equipment and Tools

- Paper and pencil
- Whistle
- Flashlight with extra batteries (recommend LED style lights)
- Battery charger system (battery or solar) and/or adapter for car

Equipment and Tools (continued)

- Portable battery powered radio for news (or car radio)
- Knife or multi-tool
- Jumper cables
- Small shovel
- Leather gloves
- Protective eyewear
- Dust mask (prefer N-95 style)
- Duct tape
- Five large trash bags
- Five large zip top bags
- Fire extinguisher

Medical Supplies

- Small supply of prescription medications
- Small travel kit with personal care items
- Sunscreen
- First Aid - In addition to a standard first aid kit add the following trauma supplies:
 - Sterile 4x4 gauze (1 stack/person)
 - Roller gauze (2/person)
 - Triangular bandages (2/person)
 - Fabric medical tape (2 rolls)
 - Antibacterial ointment (1 large tube)
 - Burn ointment
 - Scissors
 - Tweezers
 - Non-latex gloves

Special items

- Copies of important documents
 - Family disaster plans
 - Communications plan
- Copies of any current prescriptions
- Book
- Deck of playing cards
- Kids
 - Games
 - Toys
 - Favorite stuffed animal(s)
 - Personal comfort item
- Cash in small bills