Home Disaster Kit

Storage (best if waterproof/		Clothing and Shelter (continued	Medical Supplies (continued)
rainproof)		Outerwear	Sunscreen
	Garbage can with wheels	(jacket/shell/fleece)	First Aid - In addition to a
	Plastic crates with solid lids	🗆 Hat	standard first aid kit add the
	Duffle bags	Sunglasses	following trauma supplies:
Water, Food, Sanitation (recommend		 Sleeping bag or blanket, per 	 Sterile 4x4 gauze (1
7-10 d	ays)	person	stack/person)
	Drinking water (1	Tent, tarp, or plastic sheeting	 Roller gauze (2/person)
	gallon/person/day)	Nylon cord or twine, 50'	 Triangular bandages
	Easy to prepare food (minimal	Equipment and Tools	(2/person)
	cooking) with long shelf life.	Paper and pencil	• Fabric medical tape (2 rolls)
	While this can include food in	Whistle	o Antibacterial ointment (1
	your kitchen, you will want	Flashlights or lanterns with	large tube)
	some in your kit in case you	extra batteries (recommend	o Burn ointment
	need to relocate quickly	LED style lights)	 Eye wash solution
	Manual can opener	Phone charger system	o Scissors
	Paper or plastic plates, eating	(battery or solar)	o Tweezers
	utensils	Portable battery powered	 Non-latex gloves
	5 gallon plastic bucket	radio for news	 Hydrogen peroxide (1
	Box of medium sized plastic	Extra-batteries for any	bottle)
	garbage bags (kitchen can	electronic devices	o Isopropyl Alcohol (1 bottle)
	sized) for lining toilets or	Matches	Special items
	bucket	Wrench or utilities shut-off	Copies of important
	Toilet paper	tool	documents
	Toothbrush and toothpaste	Knife or multi-tool	• Family disaster plans
	Personal/feminine hygiene	Hammer	• Communications plan
	products	Crow bar	• Insurance policy
	Towels	Shovel	 Copies of any current
	Soap	Leather gloves	prescriptions
	Baby or wet wipes	Protective eyewear	Books
	Hand sanitizer	Dust mask (prefer N-95 style)	 Deck of playing cards
	Household bleach and	Duct tape	□ Kids
	dropper	Box of large trash bags	o Games
	Infants/children:	Box of zip top bags	• Toys
	 Infant formula 	Fire extinguisher	 Favorite stuffed animal(s) Personal comfort item
	\circ Diapers and extra wipes	Medical Supplies	
	 Extra sets of clothing 	 Personal prescription 	Pets Faced and water including
	(update regularly as they	medications	 Food and water, including bowls
	grow)	Personal care items, such as	 DOWIS Leashes or carriers
Clothing and Shelter		comb, toothbrush/toothpaste	
	Closed toed shoes or boots	dentures, contact lens	• Towel or blanket
	Two full sets of extra clothes,	solution, etc.	 Tower or blanket Pet medications
	per person	 Extra glasses or contact lenses 	
			Cash in small bills